

Rennie Grove specialist palliative care pathway

Early Intervention and Self-Management

STEP 1 Accessing Service

Diagnosis of life limiting illness
Palliative diagnosis
Referral from Healthcare professional, GP, Drop In Self Referral
Information gathering sign-posting

STEP 2 1st Assessment

Patient assessment
Integrated palliative outcome score (IPOS)
Carer assessment, support, care planning CSNAT
Support plan and review date
Living well—wellbeing
Advance Care Planning (ACP)
Preferred Place of Care (PPC)
Symptom control
Psychological-Emotional support
Benefits advice

STEP 3 Delivery

Symptom control clinic
Living well - wellbeing
Day services all clinics and day hospice
Benefits advice
Emotional/psychological support
Self-care strategies
Occupational and physiotherapy
Carer/family support
Supporting Hands
Referral befriending
Family Support Services (psychological support/complementary therapy)
Spiritual care
Non-medical prescriber
Multi-Disciplinary Team discussion

STEP 4 Review

Seen for a measured time
Review and re signpost for other services
Discharge
Refer to hospice at home

STEP 5 Ongoing

Further ongoing support
Clinics
Possible disease progression
Hospice at Home

Over 16's transition

Monday–Friday 9-5

Team Approach (Nurses, Doctor, OT, Physio, FFS, Therapists, Volunteers)

Collaborative working

Rennie Grove specialist palliative care pathway

Care delivered in the home in the last year of life

Accessing Service

Diagnosis of life limiting illness
Palliative diagnosis
Gold Standard
Framework discussion
Referral from Health Care professional

1st Assessment

Triage and prioritised
Signposted to alternative services
Patient assessment (integrated palliative outcome score, IPOS)
Carer assessment support, care plan and CSNAT
Symptom control
Emotional/psychological support
Benefits advice
Advance Care Planning (ACP)
Preferred Place of Death (PPD)DNACPR
Tissue donation
Self-care strategies
Planning shared care with other HCP

Care Delivery 24/7

Symptom control and advice
Emotional/Psychological support
Carer Support
Physiotherapy and Occupational therapy
Non-medical prescriber
Medicine management—anticipatory drug, syringe pumps
Prevention of inappropriate admissions
Spiritual care
Ongoing assessment
Responsive visits
Fast Track Continuing Health Care assessments (CHC)
Family Support Services
Supporting Hands
Coordination and collaboration of services
Multi-disciplinary Team discussion
Stabilised—discharge
Break from intensity care

Care in last days

Identification of dying phase
OACC
Preparation for death
Symptom control
Medicine management—anticipatory drugs, syringe pumps
Review—ACP, PPC, PPD, DNACPR
Verification of death
Culturally sensitive last offices

Bereavement support

Contact will be made prior to the funeral
Contact will be made by FFS within 4-6 weeks.
Family carer support
Information of next steps
Bereavement support
Signposting for ongoing support

Adults (over 18)

Responsive care 7 days a week 24 hours a day

Team Approach (Specialised Nurses, Nurses, Therapists, Family Support Services, Volunteers)

Collaboration working / coordination of care / shared care